



Intent, Implementation and Impact in Physical Education at Rothersthorpe CE Primary School

Everyone is valued as an individual – Love your neighbour as yourself (Mark 12:31)

<u>Intent</u>	<u>Implementation</u>	<u>Impact</u>
<p>Rothersthorpe Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health.</p> <p>We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills.</p> <p>We want to teach children skills to keep them safe such as being able to swim.</p> <p>We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values.</p> <p>Our curriculum aims to improve the wellbeing and fitness of all children at Rothersthorpe, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.</p>	<p>PE at Rothersthorpe Primary School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.</p> <p>The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.</p> <p>Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities. Children can attend before and after school sport clubs three evenings and mornings per week.</p> <p>Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.</p>	<p>We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun.</p> <p>From our lessons, our children learn to take responsibility for their own health and fitness, and understand the importance of regular exercise.</p> <p>We equip our children with the necessary skills and a love for sport and are given opportunities to demonstrate improvement to achieve their personal best, many of whom also enjoy the success of competitive sports.</p> <p>Our pupils are physically active, and this has a positive impact on their learning in the classroom.</p> <p>We share sporting achievements both in and out of school in Celebration Assembly, so that we are promoting sports and activities, as well as celebrating all levels of success.</p> <p>We aim for all Year 6 pupils to leave school with the skills to competently swim at least 25m and have the skills to self-rescue in the water which are key life skills.</p>

Each year Class 4 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time play, our annual Sports day and any other Sporting activities.

Children in Class 3 swim once a week for 10 weeks during the Spring/Summer Term. Class 4 swim once per week for 6 weeks in the summer term. Non-swimmers in year 5 may be offered the opportunity to swim with Class 3 if space is available.

In order to promote physical well-being, every class is provided with sports equipment for use at play times. These include: outdoor exercise equipment, a table tennis table, netball hoops, football goals and a range of smaller equipment.

Whenever possible, extra opportunities are provided by outside agencies, in order to expose the children to other sports and activities.

Links are also made with local sports clubs e.g. Northampton Saints and Northampton Town FC.

All KS2 children attend two residential centres for a period of days, in order to participate in outdoor activities such as archery, rock climbing, and abseiling, gorge walking, rafting and canoeing.

We aspire for children to enjoy PE and develop a love of sport and physical activity which becomes part of their future life outside of primary school.